



Canadian Ski Patrol System

On Snow Training Checklist

Name:

Check \checkmark or use +, \sqrt , - (Initial/date on right)

Ski/Ride

- Travel, turn, climb, stop
- Stable and balanced position
- Control of speed and direction
- Sideslip
- Falling leaf
- Traversing
- Edging, Pivot and Pressure
- Rhythm and coordination
- 4-6 turns on moderate
- 4-6 turns on difficult
- Carrying equipment
- Fitness/flexibility/strength
- Applies Responsibility Code
- Safe and in-control
- Full run

Equipment

- Toboggan check
- Pack check/Uniform Check
- Toboggan set up/operation
- Toboggan transport on lifts

Toboggan Empty

- Communication (whistle, hand, radio)
- Check traffic
- Route finding
- Position in handles
- Stable and balanced
- Use of brake/runners
- Sideslip/ Falling leaf
- Traversing
- Direction change
- Controlled, smooth, safe descent
- Short radius turns
- Use of fall line
- Compensating (for varying conditions)
- Stopping up and out from accident

Incident Site

- 10 considerations on approach
- Communication (whistle, hand, radio)
- Teamwork, roles, competency, safety
- Marks incident site
- Location of key Equipment
- Secures toboggan and equipment
- Location, directions to medical facility
- Follow-up and site clean-up
- Transport of backboards/equipment
- Loading patient
- Patient follow-up at base

(1) Toboggan loaded

- Communication to patient
- Check traffic on start stop
- Position in handles
- Route finding
- Stable and balanced
- Sideslip
- Falling leaf
- Use of brake/runners
- Use of fall line
- Transitions (safe, smooth, controlled)
- Controlled, smooth, safe descent
- Direction change (static and moving)
- Compensating (for varying conditions)

(2)

Toboggan Two Person

- See above - mark to the right... plus
- Rope is secured properly
- Change over efficient and safe
- Communication with other patroller
- Drag is in dominant braking position
- Front in charge (route, ride, communication)

Critical Outcome

- Demonstrates safety, control and competency while performing a simulation that includes:
being called to an incident, getting and inspecting a toboggan, bringing an unloaded toboggan to an incident site, securing a toboggan, basic incident site management, loading a patient, and running a loaded toboggan.

Signatures
